



SEVEN DAYS TO CHANGE THE WORLD

A PRAYER & FASTING JOURNEY FOR THE NATIONS

Destiny
CHURCH

AN INTRODUCTION TO PRAYER & FASTING

“But you will receive power when the Holy Spirit has come upon you, and you shall be My witnesses both in Jerusalem, and in all Judea and Samaria, and even to the remotest part of the earth.”
Acts 1:8 NASB1995

The Lord has commanded us to "Go" into all nations and preach the gospel. Our commission to go to Jerusalem, Judea, Samaria and the uttermost parts of the world is not a sequential but a simultaneous responsibility. Therefore, we will take up the challenge to pray for the nations this week. We've included the "Seven Mountains of Influence Prayer Guide", a sample general prayer for nations and continents. You will find a prayer guide for each continent with daily personal devotionals and a space for journaling your fasting experience.

THE 7 MOUNTAINS OF INFLUENCE

AREAS WE WANT TO COVER IN
PRAYER THIS WEEK

BUSINESS

“Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.” Colossians 3:23-24, ESV

Pray:

- For leaders, workers, and businesses who build for the glory of God.
- For believers in the marketplace to be awakened to their mission. Pray for them to have a revelation of how they can experience and share the presence of God in their daily work.
- For the businesses in your nation to be free of corruption. Pray for evil deeds to be exposed so that good can prosper.
- For business leaders to have a biblical view of success. Pray that they would care about their employees, impact on society, and have an effect on the surrounding environment in addition to their bottom line.
- For Christians to be empowered with the knowledge, understanding, and wisdom about how to build wealth so that an abundance of resources can be consecrated for The Kingdom of God.

ARTS & ENTERTAINMENT

“Finally, brothers, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is any excellence if there is anything worthy of praise, think about these things.” Philippians 4:8 ESV

Pray:

- For artists to reflect the beauty and truth in the world; that the meditation of their hearts and minds would be on true, honourable, just, pure, lovely, commendable, excellent, and praiseworthy things.
- For artists and entertainers to recognise the divine connections and relationships He has placed in their lives.
- Renounce the cultural celebration of ungodly values displayed in entertainment. Pray for believers' eyes to be opened to the true spirit of the entertainment they consume.
- For an increase in movies, television shows, social media, and artwork that is centered on God.

MEDIA

“How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation, who say to Zion, “Your God reigns!” Isaiah 52:7 NIV

Pray:

- For truth to be proclaimed in the Media without an exaggeration of the facts.
- That the Media would hold politicians and people accountable with the truth.
- Asking God to send bold believers with a heart for proclaiming the truth into the Media Mountain; pray for favour against any obstacles or red tape that would keep them from prospering.
- That the good news of what God is doing in this generation would be amplified.

GOVERNMENT

“For the kingdom is the LORD’s, And He rules over the nations.” Psalm 22:28 NKJV

Pray:

- Declaring a holy alignment of the nation’s civil laws to God’s laws.
- For believers in government to have a sincere, intimate relationship with God. Pray against the fear of man on their behalf.
- For judges and political leaders to guide with wisdom, revelation, and truth.
- For a spirit of justice and restraint of evil in your nation.

FAMILY

Unless the LORD builds a house, the work of the builders is wasted...; Children are a gift from the LORD; they are a reward from him. Children born to a young man are like arrows in a warrior’s hands.” Psalm 127:1 & 3-4, NLT

Pray:

- Taking time to thank God for your family. Release any fears or feelings of control that you have toward your family and trust God with their wellbeing.
- For marriages to be restored; this involves praying for healing in marriages harmed by affairs, alcoholism, pornography, drug addictions.
- That your nation will stand for the life of unborn babies.
- For parents to model godly behaviours for their children; that fathers and mothers would step up to fulfil their calling as household leaders.
- Renouncing family curses from previous generations and release blessings upon the next generation.

EDUCATION

“How much better to get wisdom than gold! And to get understanding rather to be chosen than silver.” Proverbs 16:6 KJV

Pray:

- For educators to have a spirit of wisdom.
- That educators would teach the truth about God.
- That educators would speak destiny and purpose into the children they teach.
- That parents would take authority over what their children are taught.
- For the schools in your nation to have resources and to be filled with bold followers of Christ, both in the student body and staff.

RELIGION

“I have given them the glory you gave me, so that they may be one as we are one. I am in them, and you are in me. May they experience such perfect unity that the world will know that you sent me and that you love them as much as you love me.” John 17:22-23 NLT

Pray:

- Putting aside your personal beliefs, opinions, and politics for a moment to echo Jesus’ prayer for unity in the Body of Christ.
- For God’s love to drive out division in the Church.
- That the love within the Church in your nation would inspire and empower every sphere of society to know God.
- That followers of Christ would pray out of an intimate, living relationship with Jesus.
- For the Holy Spirit to stir up a passion for the Word within every person on the mountain.
- That believers on the Religion Mountain will have a strong presence on the other six mountains.

A SAMPLE PRAYER FOR THE NATIONS



Father, in the name of Jesus, we bring before You the nation (or continent) of _____ and its leaders. Father, You say in Your Word that you reprove leaders for our sakes so that we may live a quiet and peaceable life in all godliness and honesty.

We pray that skillful and godly wisdom has entered into the heart of _____ leaders and that knowledge is pleasant to them, that discretion watches over them and understanding keeps them and delivers them from the way of evil and evil men.

We pray that the upright shall dwell in the government(s); that men and women of integrity, blameless and complete in Your sight, Father, shall remain, but the wicked shall be cut off and the treacherous shall be rooted out. We pray that those in authority winnow the wicked from among the good and bring the threshing wheel over them to separate the chaff from the grain, for loving-kindness and mercy, truth and faithfulness preserve those in authority, and their offices are upheld by the people's loyalty.

We confess and believe that the decisions made by the leaders are divinely directed by You, Father, and their mouths should not transgress in judgment. Therefore, the leaders are men and women of discernment, understanding, and knowledge so the stability of _____ will long continue. We pray that the uncompromisingly righteous be in authority in _____ so that the people there can rejoice.

Father, it is an abomination for leaders to commit wickedness. We pray that their offices be established and made secure by righteousness that right and just lips are a delight to those in authority and that they love those who speak what is right.

We pray and believe that the good news of the Gospel is published in this land. We thank You for labourers of the harvest to publish Your Word that Jesus is Lord in _____. We thank You for raising up intercessors to pray for _____ in Jesus' name.

AMEN

PREPARING TO FAST

START DATE: _____ END DATE: _____

WHY I AM FASTING:

ON THIS FAST, I WILL RESTRICT:

WHAT I HOPE TO GAIN, LEARN, OR DEVELOP IN THIS DEDICATED TIME OF GETTING CLOSER TO GOD THROUGH PRAYER & FASTING:

NOTES:

DAY 1

ASIA

- Population 4,679,660,580
- 48 Countries.
- The largest continent with 30% of the landmass and 60% of its population.
- Christians 8.83%
Evangelicals 3.5%
- Major religious groups: Islam, Hinduism, Buddhism, Sikhism, Jainism, Shintoism, Daoism, Animists.
- Largest religion: Islam, 26.4% 1.1 billion.
- 26 Countries with Muslim majority with a high level of persecution against Christians.
- Hindus: 950 million. Violent opposition to Christian ministries by Extreme Hindu groups.
- Buddhists: 470-920 million. Reacting to Christian ministries in Buddhist nations.
- Associated with ethnic religions Daoism, Shintoism, Shamanism and others is the majority in 13 Asian countries.



DEVOTIONAL

Beyond your first love.

"Paul and his companions travelled throughout the region of Phrygia and Galatia, having been kept by the Holy Spirit from preaching the word in the province of Asia." Acts 16:6 NIV

Paul, undoubtedly had a heart for Asia and he certainly impacted that region. However, God had wider plans, plans that would change the world. Paul had to be obedient to the leading of the Holy Spirit and tear himself away from his first love; "Asia," and be open to receive a new passion. Pray today, that God softens your heart that you also will be open and willing to be led into the new and great things of God.

PRAYER

1. The Church in Asia is stagnant in many places. There are countless churches that are a generation or two removed from the mission work that had been started in them, and now they are poorly institutionalised. They need renewal. Pray that God will help churches revive and return to their first love. Pray that the Great Commission will become their primary mission.
2. Pray for divine encounters, that God would bring us just the right person at just the right time to start new pastoral training ministries in new places. We have already seen Him do this so many times and can clearly see that all our accomplishments so far are because of God's gracious hand. We ask for prayer that He would continue to lead us.
3. Pray for protection for our country's leaders and trainers as many countries in Asia are hostile to Christianity. Pray for protection from persecution and for favour with governments. Some countries are in upheaval politically and/or economically. Travel can also be hazardous. Pray for peace and prosperity in these places, so that the Gospel can spread unhindered.
4. Pray for abundant financial resources. Everything costs money, including excellent translations, safe travel, qualified staff, good equipment, to name but a few. Pray for the funding to continue to be available as we need it in the years to come and for new sources of funding as well, so we can expand to all the countries in Asia and finish the Great Commission in this generation.
5. Pray for those involved in translating Christian literature in Asia. Pray also for all evangelists and Christian ministers to learn the various languages and dialects quickly and excellently.

DAY ONE JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

DAY 2

AFRICA

- Population: 1,373,480,428.
- 54 Countries
- The Second largest continent.
- Christians 48.8%
Evangelicals 18%
- Christianity is almost half of Africa's population, two-thirds of sub-Saharan Africa. From 1900 to 2010, Christians grew from 9.1% to 48.8%, - from 7.5 million to 504 million. Of the world's evangelical Christians, over 33% live in Africa.
- Islam is the major challenge for Christianity today, both the 220 million Muslims north and 300 million in sub-Saharan Africa.
- The "race" to win peoples to Christ from the traditional religions in West Africa and across the Sahel has largely been lost; most have been Islamised.
- The fault line between Muslim and Christian majority areas.
- Increasing terrorism and violence against Christians by fundamentalist Muslim groups.



DEVOTIONAL

Homecoming

"And he will turn the hearts of the fathers to the children, And the hearts of the children to their fathers, lest I come and strike the land with utter destruction."

Malachi 4:6 ESV

As we pray for the great continent of Africa, let's remember the spiritual fathers who brought the gospel to Africa. With all the rights and wrongs we know so well, there were thousands of British, indeed Scottish missionaries who brought the gospel to Africa. Scripture states that in the latter days, the hearts of these spiritual children will be "stirred" and turned back toward their spiritual fathers. Pray for the African diaspora here in the UK that they will connect and find a way to integrate their service and passion to benefit the Kingdom of God.

PRAYER

1. Father, in the name of Jesus, let the Holy Spirit continue to come down as a "Mighty Rushing Wind", thereby, drafting unprecedented multitudes into this Church this year – Acts 2:2.
2. Father, in the name of Jesus, continue to destroy every blindfolding power of the enemy to prevent multitudes from getting saved and established in this church this year – 2 Corinthians 4:3-4.
3. Father, in the name of Jesus, we destroy the gates of hell that may resist the influx of souls into this Church this year – Matthew 16:18-19.
4. Father, in the name of Jesus, let the ears of every unsaved souls across our harvest field continue to hear the compelling sound of the Holy Spirit all through this year and be drafted to this Church with speed – Isaiah 5:26.
5. Father, in the name of Jesus, let there be a continuous eruption of signs and wonders in all our services this year, thereby, drawing multitudes into the Kingdom and this Church – Acts 5:12.
6. Father, in the name of Jesus, let there be an ever-increasing revelation in this Church this year, leading to supernatural dimensions of church growth – Acts 6:7.
7. Father, in the name of Jesus, continue to send your reapers who are angels, to take over our harvest field, thereby, mobilising multitudes into this Church this year for their salvation, deliverance, and breakthrough – Matthew 13:39

DAY TWO JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

DAY 3

NORTH AMERICA

- Population: 592,296,233
- North America has 23 independent states, but 41 countries total including non-independent territories.
- Christians 86%
Evangelicals 18%
- North America is a land full of immigrants of every imaginable background; pray for unity and justice among this greatly diverse people.
- Great evangelists and missionary statesmen who touched the world and the immeasurable effects of writers, speakers, pastors and trainers on the global body of Christ, through training, teaching, discipling and empowering.
- The USA has had unstinting generosity in giving, especially mission advances, pray this also continues.
- Rise of anti-Christian secularism and aggressive atheism that seeks to marginalise the Church through control of the media and legislation. The increasing imposition of secularism upon civic, academic and political life.



DEVOTIONAL

Submitted Power

“And when his disciples James and John saw this, they said, Lord, wilt thou that we command fire to come down from heaven, and consume them, even as Elias did? But he turned, and rebuked them, and said, Ye know not what manner of spirit ye are of.” Luke 9:54-55 KJV

In this text we see the disciples discover their newfound superpowers. Excited by this they ask Jesus if they can carelessly use these powers; Jesus rebukes them. Jesus walked in power undoubtedly, but it was a power submitted to His father's will and plans.

The USA remains the superpower of our day; as we pray for every blessing on this great nation; pray also for yourself; that as God empowers you, you will be mindful of how and where you release that power. Doing all things in submission and humility to the Father's will and in a right spirit. God bless America.

PRAYER

1. Pray for God to forgive the sins of the nation and to heal the land. 2 Chronicles 7:14
2. Pray for the laborers in the field. Matthew 9:37-38
3. Pray for the lost to be saved and for the Gospel to go forth. 2 Thessalonians 3:1
4. Pray for unity in the body of Christ. 1 Corinthians 1:10
5. Pray for governmental leaders and for godly leaders to rise up. 1 Timothy 2:1-4



DAY 3 JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

DAY 4

SOUTH AMERICA

- Population 442,909,722
- 17 Countries
- Christians: 86%
Evangelicals 16.8%
- 50% of World's Pentecostals live here.
- In 1900, evangelicals numbered about 700,000, or 1% of the population and have now surpassed 100 million, or 16.8% of the population.
- People movements are growing among the Amerindians, and Church growth is occurring among Quechua and Aymara churches in the Andes, Mayan peoples in Central America.
- Mission's vision has rapidly grown and matured in Latin America.
- From 1987 from around 60 missions' agencies with 1,600 missionaries, it has grown to over 400 agencies, representing more than 10,000 missionaries.
- The Latin American AG Nations are sending over 2000 Missionaries to many nations around the world.



DEVOTIONAL

Unity In Diversity

"After this I looked, and behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands." Revelation 7:9 ESV

God loves diversity. Some like pizza some like pasta; that's how God has created us. The enemy of Indigenous and spontaneous church growth is "sameness". Our call is not to make everyone like us; but rather like Christ. South America has one of the world's most diverse populations, famous for celebrating differences rather than seeking to conform to them. Pray today that God gives you a greater ability to rejoice in all He has made, and to learn from others as they learn through us.

PRAYER

1. Thank the Lord for all the lives transformed and communities changed.
2. Pray for revival across Central and South America. For believers to desire a deeper knowledge of the Bible. For the true Gospel to be known and shared.
3. Pray for the pastors and leaders of these countries. Pray for wisdom as they lead churches, make disciples, and evangelise. Pray for church leaders to exemplify Christlikeness, love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control.
4. Pray for the Church to saturate the nations of South America with Christian values.

DAY FOUR JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

DAY 5

EUROPE

- Population: 747,747,396
- 44 Countries.
- Christians 71.3%
Evangelical 2.5%
- Europe has the second-smallest landmass, but its people and culture have shaped the entire world.
- Most Nominally Christian and least Evangelical Continent.
- Desperately needs Revival!
- Pentecostals and evangelicals are in fact growing in maturity, confidence and a sense of their own identity and robust charismatic movements in mainline churches, which are otherwise declining.
- Religious freedom in the former Communist world means the opportunity for Christians to practice their faith publicly.
- We are seeing new expressions of Christian faith emerging in Central and Eastern Europe.



DEVOTIONAL

New Ground

“During the night Paul had a vision of a man of Macedonia standing and begging him, “Come over to Macedonia and help us.” After Paul had seen the vision, he got ready at once to leave for Macedonia, concluding that God had called us to preach the gospel to them.” Acts 16:9-10 NIV

Paul's call into Macedonia (mainland Europe) must have been daunting. He would have known the great persecution he faced. The very first church planted in Europe was the church in Philippi, where Paul ended up in prison and later penned a letter to the Philippians which generations have benefited from. Pray for yourself; that you would also be willing to take up that new daunting challenge. Like Paul, we would face the fears and do it anyway.

PRAYER

1. Pray that European believers will grow in love and wisdom, so they can effectively share their faith and multiply disciples.
2. Pray that God will provide for all ministries who need good jobs to support themselves and their families.
3. Pray that God's Spirit will move among His people in Europe, and they will creatively reach out to other Europeans, immigrants, and tourists to establish the Gospel of the Kingdom in their lives.
4. Pray that people will recognise the emptiness of materialism and that God's Spirit will draw them to Himself for true fulfillment.
5. Pray for mature leaders, deepening unity, and increased discipleship for the growing Church.



DAY FIVE JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

DAY 6

AUSTRALIA

- Population: 43,219,954
- Largest Nations:
 - Australia - 29 Million
 - New Zealand - 24 other Island States with a large Christian population.
- Christian 74% Evangelical 17.8%
- The first area to be evangelised in the modern Protestant missionary era.
- Great potential to send Missionaries out from the Pacific to the rest of the World. Pray for this to be unleashed.



DEVOTIONAL

Treasures In Heaven

“Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”
Matthew 6:19-21 NIV

The national church leaders in Australia tell us one of the greatest challenges they face is consumerism, the pursuit of wealth and pleasure here and now. Of all the challenges the gospel has faced; is this not the most persistent? Is this not the one that every generation has had to face and defeat to expand the Kingdom? Pray today that like many before us, we will also reject the temporary and very false hope earthy security can offer us. Choose intentionally, to build your treasure in heaven as Jesus Himself has taught us.

PRAYER

1. Pray for the Gospel: Father, we pray for an evangelism explosion across the nation of Australia. We pray for a renewal of gospel preaching and that you will send workers into the harvest. We declare that we are not ashamed of the gospel. Use us to fulfil the Great Commission. *Matthew 9:37-38, Romans 1:16, Matthew 28:18-20*
2. Pray for the Leaders: Lord we pray for the leaders, parliamentarians, and all those in authority that they would be given wisdom, revelation, and understanding. We pray for blessings and guidance for the Prime Minister, and that righteousness would be exalted in the nation. *1 Timothy 2:1-2, Ephesians 1:17-18, Proverbs 14:34*



DAY SIX JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

DAY 7

ANTARCTICA and the PERSECUTED CHURCH

- Antarctica is the world's southernmost continent resting in the Antarctic Circle and surrounded by the Southern Ocean.
- 14 million square kilometres (5.4 million square miles) of area, it's the 5th largest continent
- Almost 98% of the continent is covered by ice one mile thick, which certainly makes for harsh terrain that has little established population.
- In 2016, the highest population recorded during the year is just over 4,000.
- 250 permanent residents.
- **Declaration Prayer for Antarctica:** Father, I thank You that You love every person in the world and You are not willing that even one should perish. So, I want to share in Your heart to see every person come home by declaring Your unconditional love for Antarctica today. Father, I ask that Your Kingdom come and Your will be done in Antarctica and I pray that every person who lives there, would encounter a fresh revelation of Your amazing love for them in Christ today. In Jesus' name I pray, Amen.



DEVOTIONAL

What Does God Require Of You?

"He has told you, O man, what is good; And what does the LORD require of you But to do justice, to love kindness, And to walk humbly with your God?" Micah 6:8 ESV

As we conclude this week, be mindful of the word in Micah, "What does the Lord require of you?" There are so many demands and expectations in this life, from family, work, church, etc. But what is it that God requires of you? Take some time and ponder on this; ask God to show you His will and to give you the grace and favour to walk into it. God bless you.

As we close this week of praying for the nations let us remember the persecuted church; let's lift these organisations, churches, and people wherever they are, to God.

PRAYER

1. Pray for the protection of those Christians who are forced to hide their faith for their own safety. Pray for wisdom, courage, and protection from violence and harm.
2. Pray for church leaders who are leading in secret across the world. Pray for wisdom, patience, and guidance needed to remain hidden from authorities while spreading the good news of Jesus. Pray for support and training.
3. Pray for those who are persecuting others. Pray God would reveal His love for them, draw them away from these acts, and bring them to a place of compassion and repentance.
4. Pray for charities who are supporting the work of these churches. Pray God would bless their work and protect all who put themselves in dangerous situations to provide help and safety for others.
5. Pray for those currently imprisoned for their faith. Pray for God to protect them, and keep them safe and healthy throughout their imprisonment. Pray that their faith will be maintained as they continue to worship through hard times.
6. Pray for growth, not only in numbers of the church but in spiritual maturity in these nations where Christianity has become a target.

DAY SEVEN JOURNAL

HOW I PLAN TO CONNECT WITH GOD TODAY:

NOTES FROM MORNING BIBLE STUDY:

NOTES FROM EVENING PRAYER:

TODAY I AM THANKFUL FOR:

WHAT GOD IS SAYING TO ME TODAY:

